

Crisis Team Phone Numbers by County

Minnesota county-by-county crisis line directory. If you or someone you love is in crisis, reach out to your local team immediately. Help is available 24/7.

County	County Seat	Phone Number
Anoka	Anoka	1-763-755-3801
Benton	Foley	1-800-635-8008
Carver	Chaska	1-952-442-7601
Chisago	Center City	1-800-523-3333
Dakota	Hastings	1-952-891-7171
Hennepin	Minneapolis	1-612-596-1223
Isanti	Cambridge	1-800-523-3333
McLeod	Glencoe	1-320-864-2713
Meeker	Litchfield	1-800-432-8781
Mille Lacs	Milaca	1-800-523-3333
Ramsey	St. Paul	1-651-266-7900
Scott	Shakopee	952-818-3702
Sherburne	Elk River	1-800-635-8008
Sibley	Gaylord	1-877-399-3040
Stearns	St. Cloud	1-800-635-8008
Washington	Stillwater	1-651-275-7400
Wright	Buffalo	1-800-635-8008



Visit us online for more **free resources** or to **learn how we can help**.

RECOVERY Health Solutions is a **co-occurring Intensive Outpatient Program (IOP)** in the **Twin Cities** (Brooklyn Park, MN), supporting **Substance Use Disorder** and **Mental Health** together. We offer *8 integrated services* with a harm reduction approach.